

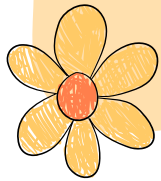
Me And My Trusted Grownups



Instructions

1. Make a list of trusted adults in your life.
2. Write the names above the mirror.
3. Draw your reflection in the mirror.

★ Make sure that at least one person on the list isn't a member of your household.



As a follow-up, write the names on sticky notes and put them on an actual mirror. That way, when you look at your reflection, you'll feel surrounded by love.

